

Islam

Year 1

Stories

OVERVIEW FOR ISLAM – YEAR 1 & FOUNDATION 1

STORIES – MUHAMMAD

Judaism is studied by everyone and Islam one of the options of choice from the three other religions. It is taught for one week every year. The themes are the same for all religions.

BACKGROUND NOTES

Muslims are followers of the religion of Islam, which began in Saudi Arabia around the seventh century. They believe in one God, Allah. There are two main groups of Muslims, Shi'ah and Sunni. The Sunnis are the larger group. Their beliefs are similar but they differ on the forms of leadership. What the children learn in this programme of study is a *middle way*, offering what is most general in Islam. The spelling used is *Makkah* rather than the common version *Mecca* to avoid confusion.

AGE GROUP	THEME	TOPIC	LEARNING OUTCOMES		
			LOOK	DISCOVER	RESPECT
Early years N/R	Special days/ ritual objects	Prayer mats	Special objects	Prayer mats and the Qur'an	What is special for Muslims
Year 1 FS 1	Stories	Muhammad	Special stories	Muhammad	Muhammad is important for Muslim people
Year 2 FS 2	Prayer/home	Prayer at home	Quiet times	Prayer five times a day	Prayer is important for Muslims
Year 3	Places for worship	The mosque	Special buildings	Friday is a day of special prayer. Call to prayer	How Muslim people worship
Year 4	Holy Books	The Qur'an	Important books	The Qur'an. 99 beautiful names of God	The importance of the Qur'an for Muslims
year 5	Beliefs and festivals	Ramadan and Pilgrimage	special times	Shahadah Ramadan, Id-ul-Fitr, Id-ul-Adha, Hajj	Respect for the special occasions for Muslims
year 6	Belonging and values	Guidance for Muslims	Guidance in life	the 5 pillars Zakat	What is important for Muslims

There are **six** major religions in our world.

RE = SIGNS AND SYMBOLS

Christianity



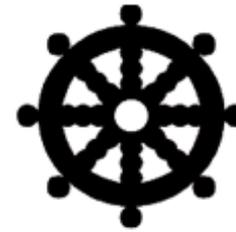
Judaism



Islam



Buddhism



Hinduism



Sikhism





I am a Muslim

Islam is the religion of Muslims. Muslims believe in Allah and his prophet Muhammad.

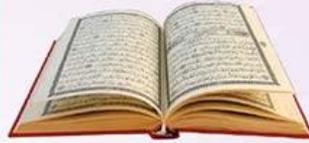
God

I believe that there is only one God, Allah, and that Muhammad was the last prophet sent by Allah.



Holy Book

The imam instructs me from the Qur'an in Arabic. The Qur'an was revealed to the Prophet Muhammad by God. It teaches me how to worship Allah and how to behave towards others.



Muslim Festivals

Ramadan: The holy month during which Muslims fast from sunrise to sunset.

Eid-ul-Fitr: A celebration to mark the end of Ramadan.

Eid-ul-Adha: A celebration of Ibrahim's willingness to sacrifice his son to God.

Worship

I pray five times a day, facing Makkah (Mecca), at home or in the mosque. I wash before praying and use a prayer mat. When entering the mosque I take off my shoes. Women and men do not pray in the same area of the mosque.



Dietary Customs

I am allowed to eat halal food. Some foods, such as pork, are forbidden, and all food must be prepared in a certain way.



Jihad

As well as following the Five Pillars of Islam, I must understand Jihad and strive to be a good Muslim. Greater jihad is the personal struggle to live a life of obedience to God and to not give into temptation. Lesser jihad is the physical struggle to protect the Islamic faith in the world.

Five Pillars of Islam

Every Muslim must follow the Five Pillars of Islam.

Shahada: declaration of faith

Salat: praying five times a day

Zakat: giving money to charity

Sawm: fasting during Ramadan

Hajj: pilgrimage to Makkah

TEACHING POINTS

Whenever Muhammad's name is mentioned Muslims say 'Peace and blessing be upon him' (pbuh)

Look: Special stories

Can you think of special stories that you have in your family?



Discover: The story of Muhammad

The special person for Muslims is Muhammad (pbuh).
Muslim people have many stories about him.

Islam

Islam is the world's second largest religion. It teaches that God is merciful, powerful and unique and that people can call on God when they are in need and distressed. He is known as Allah.

It is believed that the last prophet was Muhammad. Prophet Muhammad is so important to Muslims that whenever they say his name, they also say 'Peace be upon him', and when they write his name they write it but sometimes shorten it to PBUH.



Did you know...? The word prophet means 'messenger'.

He was born in Makkah in the Middle East in 570. His father died before he was born and his mother shortly afterwards. His uncle brought him up. He worked first as a camel driver then as a merchant for his uncle. Muhammad was respected as he was a wise and fair businessman.



As he grew up, he became known for his truthfulness, generosity and sincerity. He was concerned about the behaviour of the people of Makkah which was not good and also the fact they worshipped over 300 different gods made of stone or clay, he knew that could not be right.

Muhammad was a religious man and he used to pray for many hours in a cave on Mount Hira. One day an angel spoke to him and told him about Allah, the one God. Muslims believe that Allah chose Muhammad to be his Prophet. He was about 40 when he received his first message from God.

Muhammad began to preach to the people of Makkah telling them there was only one God, Allah and they were to stop worship all their gods and started be kind to each other.



Many of the people were cross with him and made him leave Makkah. Muhammad went to Madinah where the people did listen to him and he told them how Allah wanted them to live. Later this message was written down in the Muslims' holy book called the Qur'an.

Eventually Muhammad returned to his own city of Makkah. He cleaned up the Ka'bah, which had been a holy place for the people of that area many years, but had been misused. It became one of the very holiest places for Muslims. Muslims respect Muhammad as a special person and the last prophet of Allah. By the time he died most of the people of Arabia were Muslims.

[Watch this video clip about the prophet.](https://www.bbc.co.uk/bitesize/clips/z9tqb82)
<https://www.bbc.co.uk/bitesize/clips/z9tqb82>



SOME KEY QUESTIONS

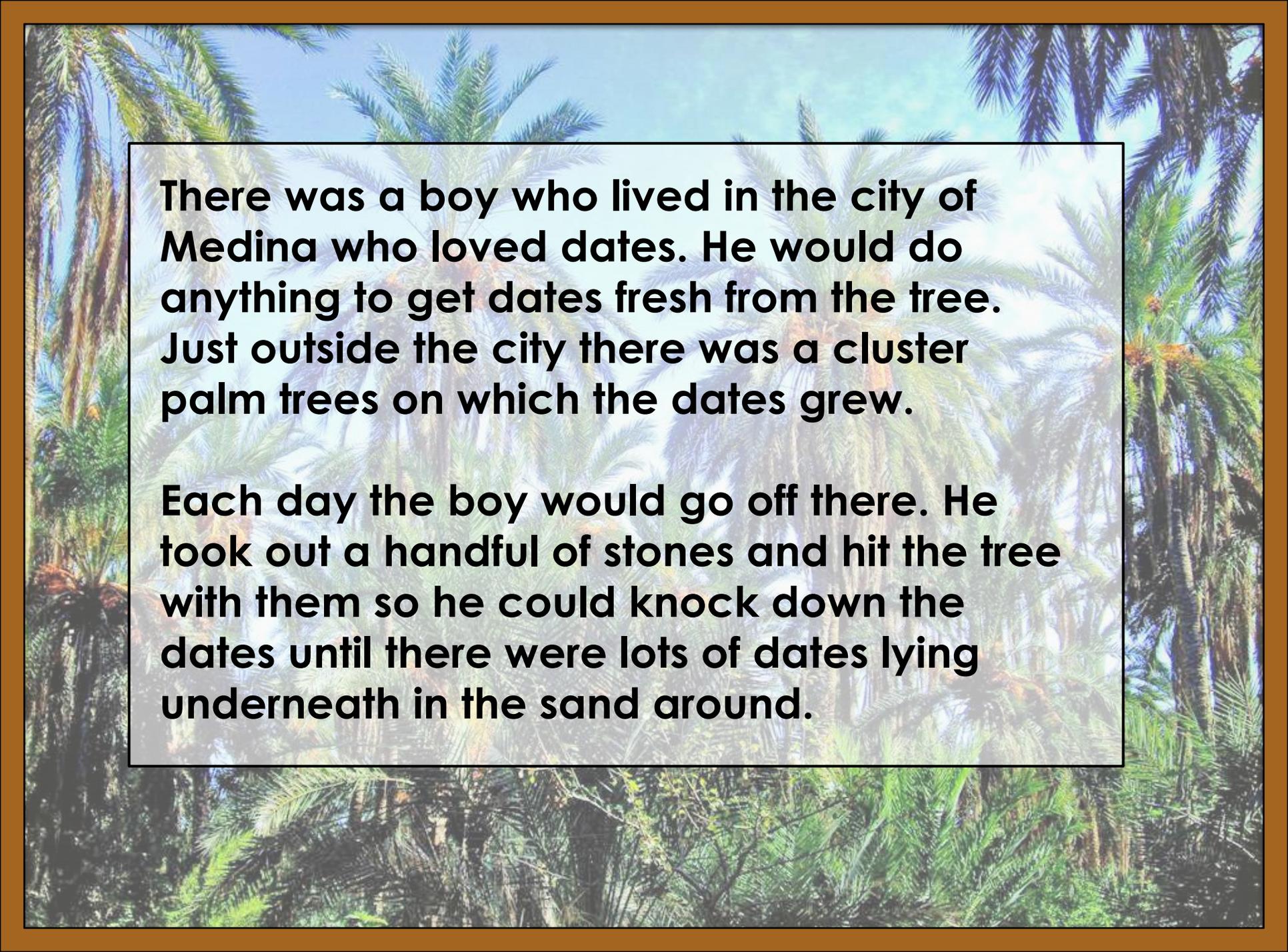
Q What were the signs that Muhammad was a holy man?

Q Think about the courage needed by Muhammad to stand up to others with Allah's message. How might he have felt?

A Story about Muhammad

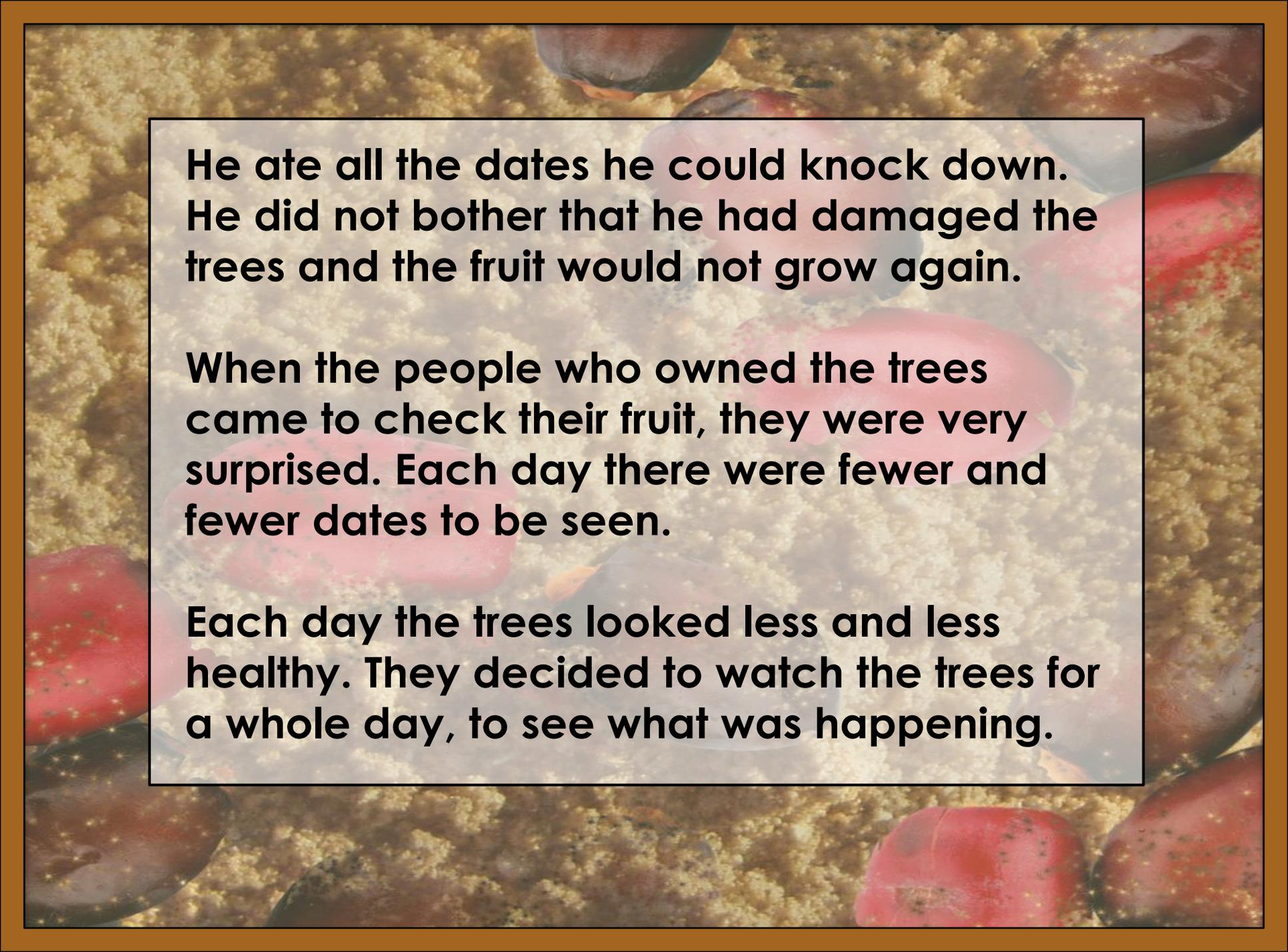


The Child and the Dates



There was a boy who lived in the city of Medina who loved dates. He would do anything to get dates fresh from the tree. Just outside the city there was a cluster palm trees on which the dates grew.

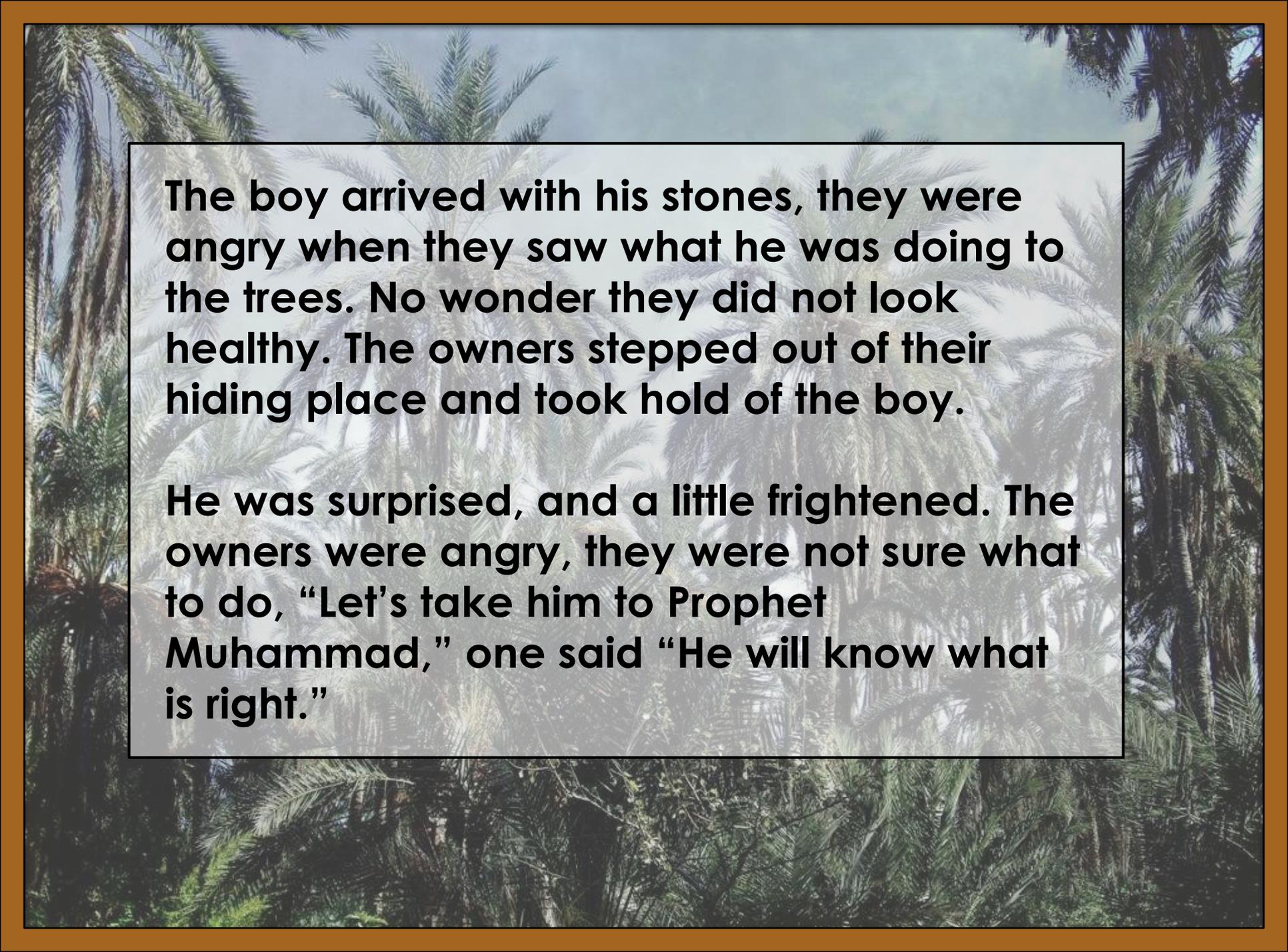
Each day the boy would go off there. He took out a handful of stones and hit the tree with them so he could knock down the dates until there were lots of dates lying underneath in the sand around.



**He ate all the dates he could knock down.
He did not bother that he had damaged the
trees and the fruit would not grow again.**

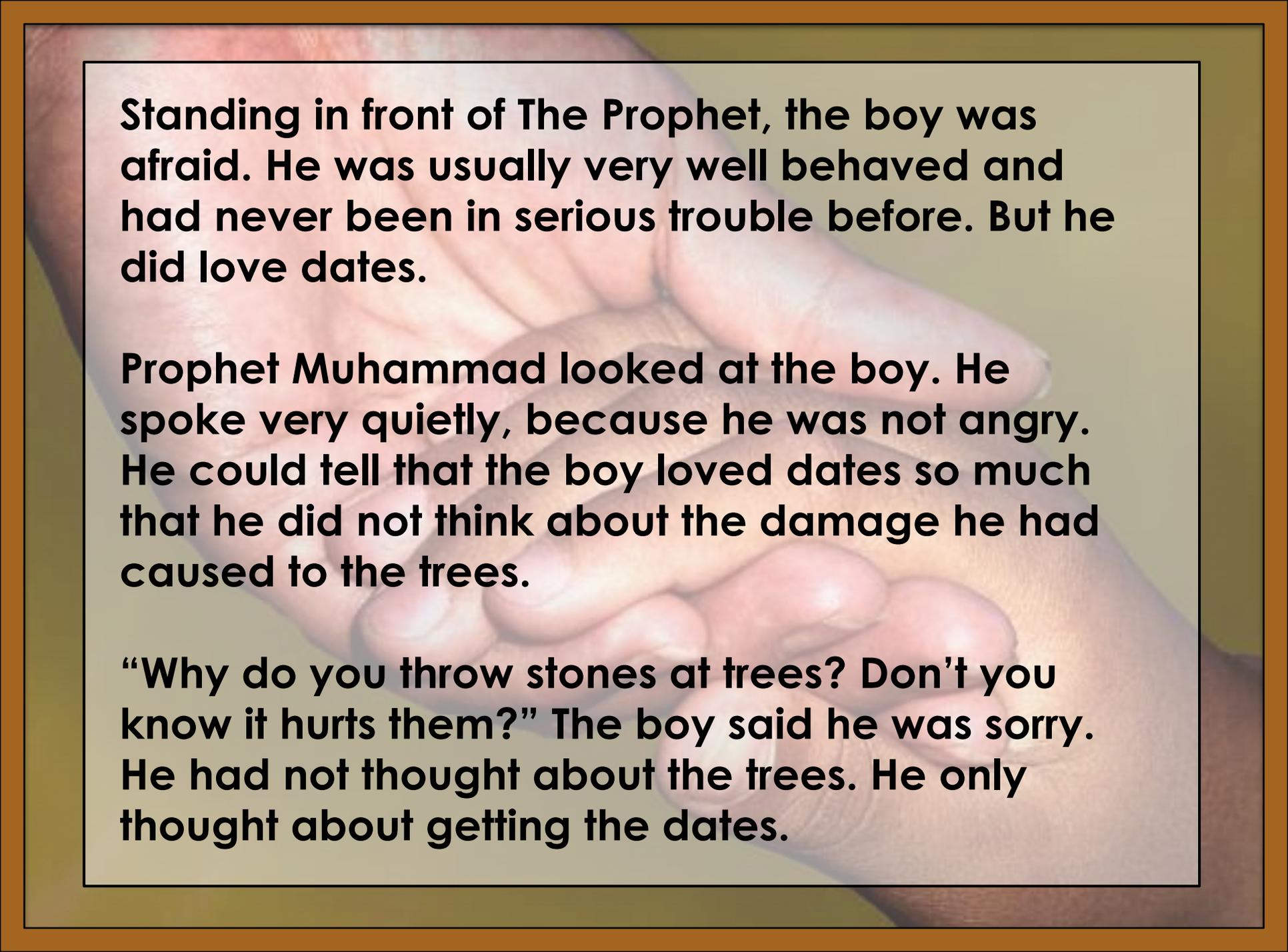
**When the people who owned the trees
came to check their fruit, they were very
surprised. Each day there were fewer and
fewer dates to be seen.**

**Each day the trees looked less and less
healthy. They decided to watch the trees for
a whole day, to see what was happening.**



The boy arrived with his stones, they were angry when they saw what he was doing to the trees. No wonder they did not look healthy. The owners stepped out of their hiding place and took hold of the boy.

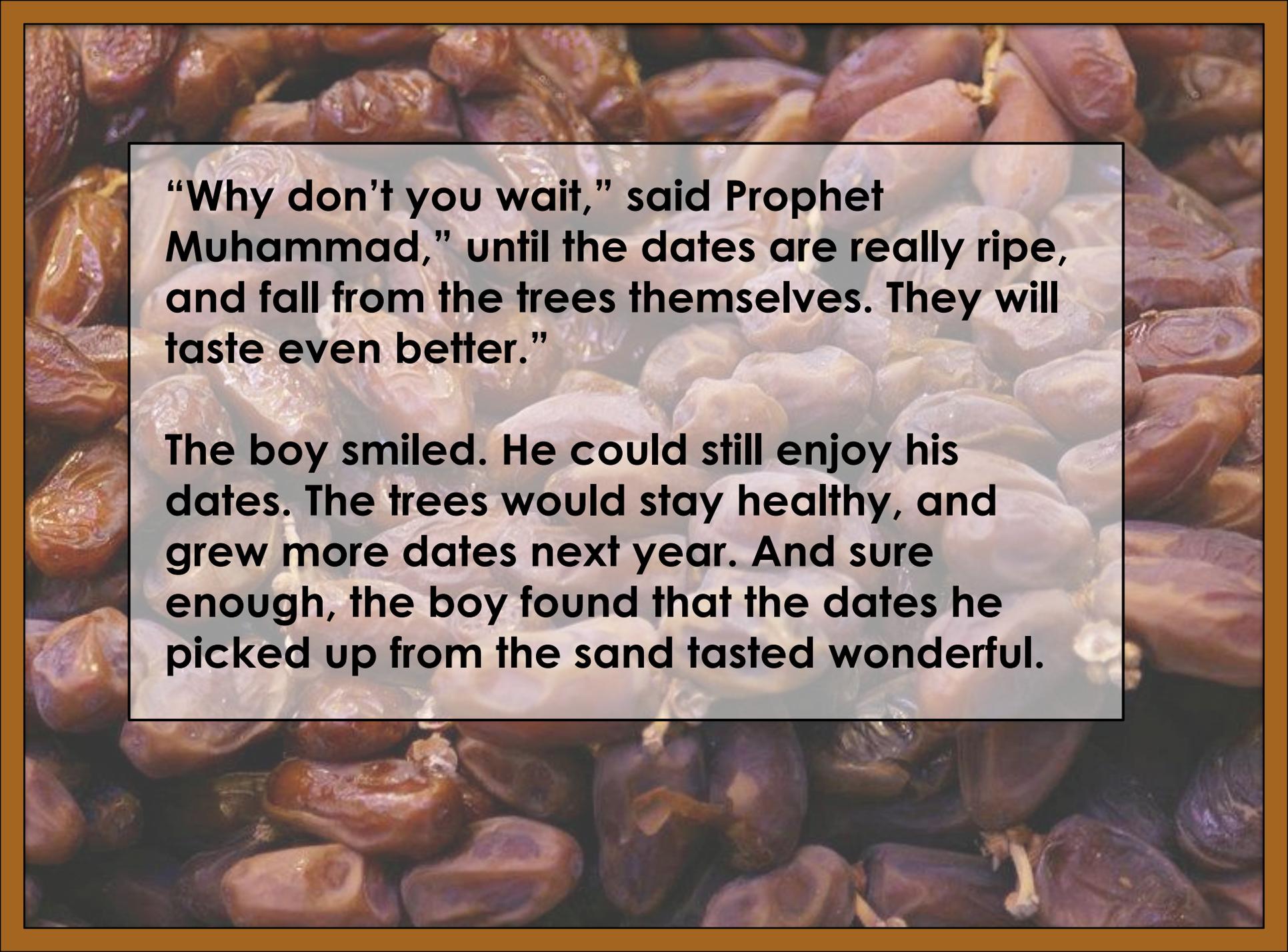
He was surprised, and a little frightened. The owners were angry, they were not sure what to do, “Let’s take him to Prophet Muhammad,” one said “He will know what is right.”



Standing in front of The Prophet, the boy was afraid. He was usually very well behaved and had never been in serious trouble before. But he did love dates.

Prophet Muhammad looked at the boy. He spoke very quietly, because he was not angry. He could tell that the boy loved dates so much that he did not think about the damage he had caused to the trees.

“Why do you throw stones at trees? Don’t you know it hurts them?” The boy said he was sorry. He had not thought about the trees. He only thought about getting the dates.



“Why don’t you wait,” said Prophet Muhammad,” until the dates are really ripe, and fall from the trees themselves. They will taste even better.”

The boy smiled. He could still enjoy his dates. The trees would stay healthy, and grew more dates next year. And sure enough, the boy found that the dates he picked up from the sand tasted wonderful.

SOME KEY QUESTIONS TO TALK ABOUT:

Q What do you think about the boy?

Q How do you think the owners felt?

Q What do you think about the way Muhammad explained to the boy what he had done wrong?



Show your learning...

Draw a palm tree and add labels saying how we should take care of all living things.



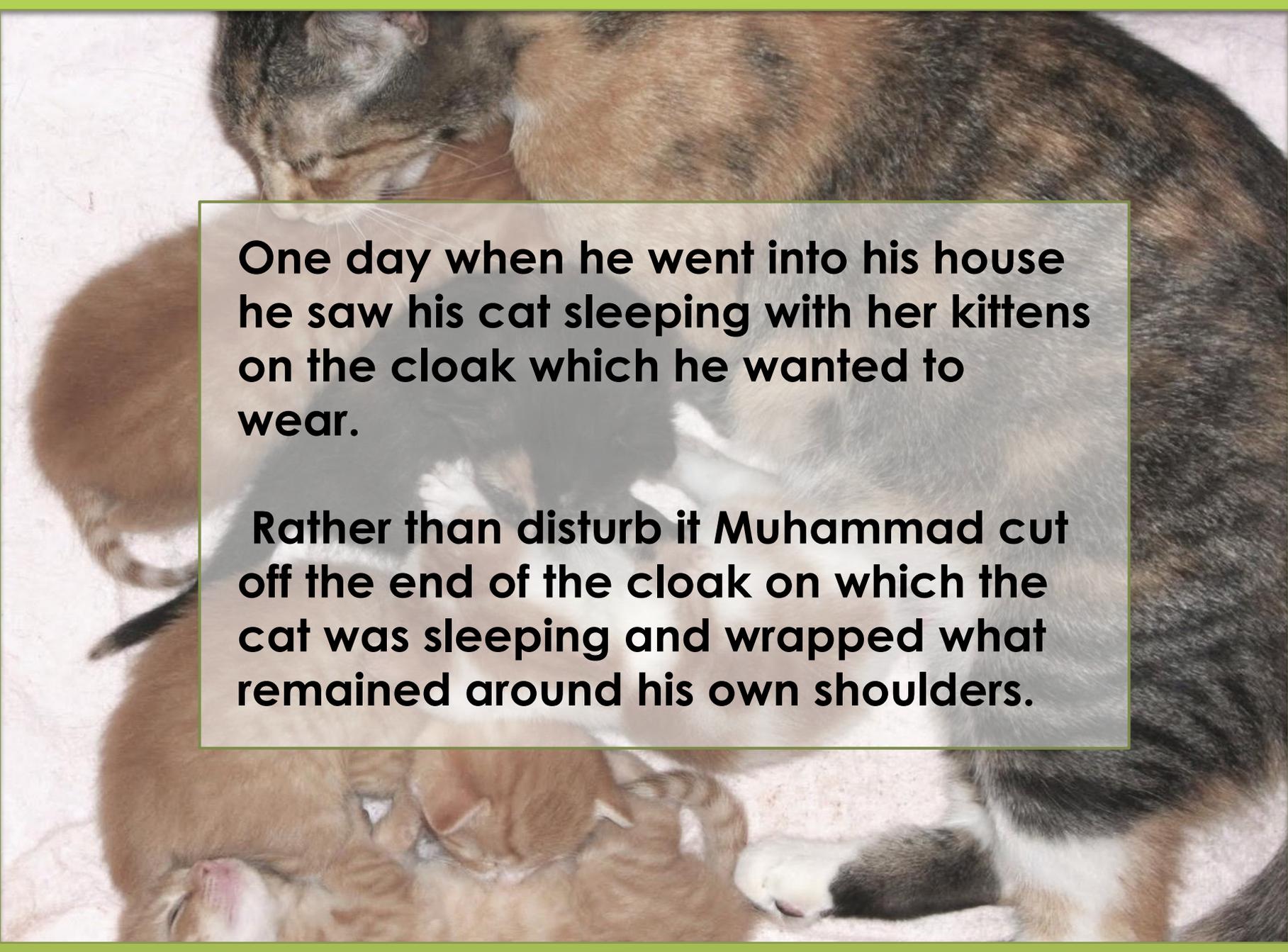
Discover and Respect

LEARNING FOCUS: Muhammad preached kindness.

The message which the Prophet Muhammad preached was that there was only one God and that people should be kind to one another, especially to orphans, widows and animals.

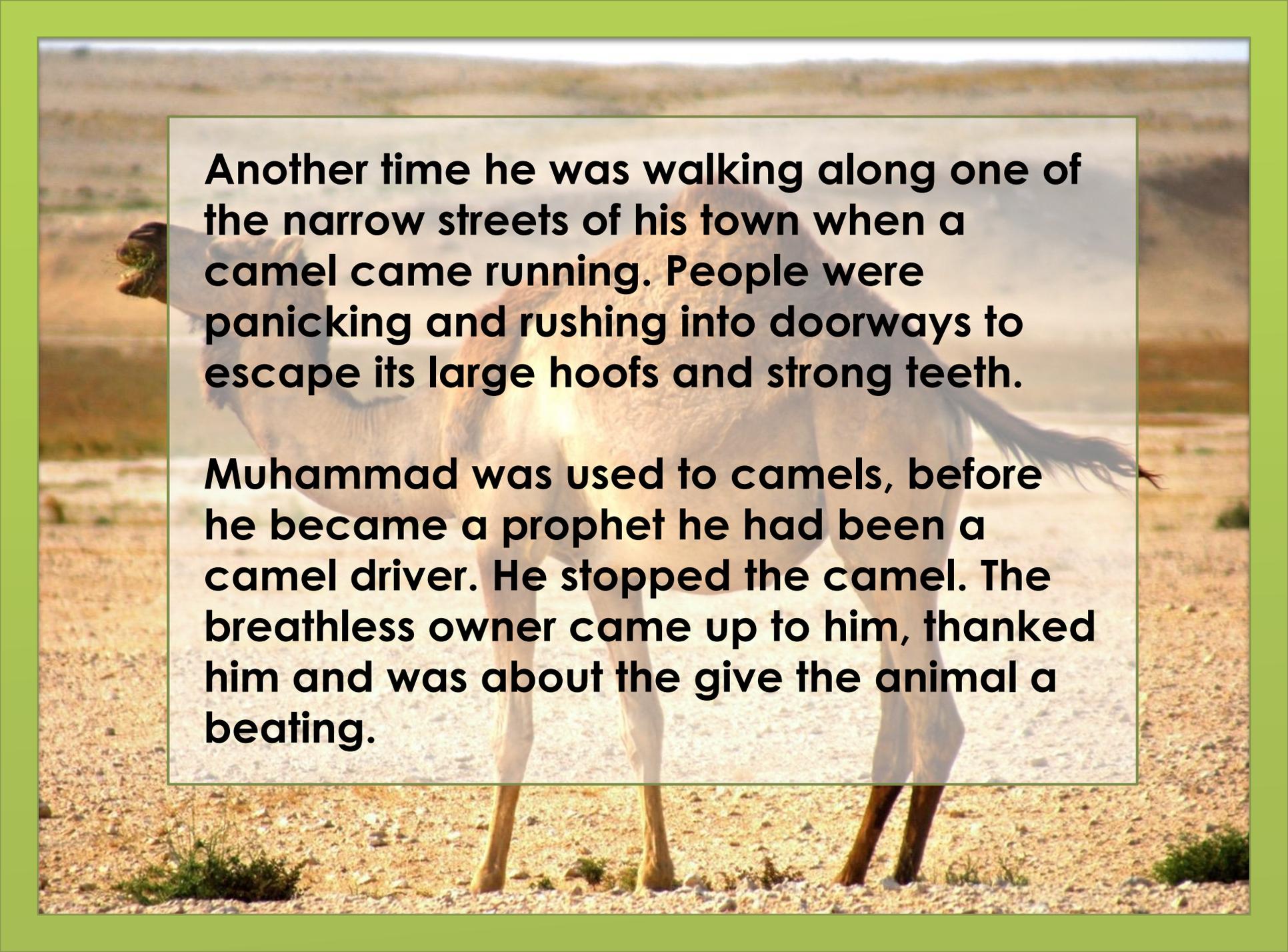
Muhammad Preached Kindness





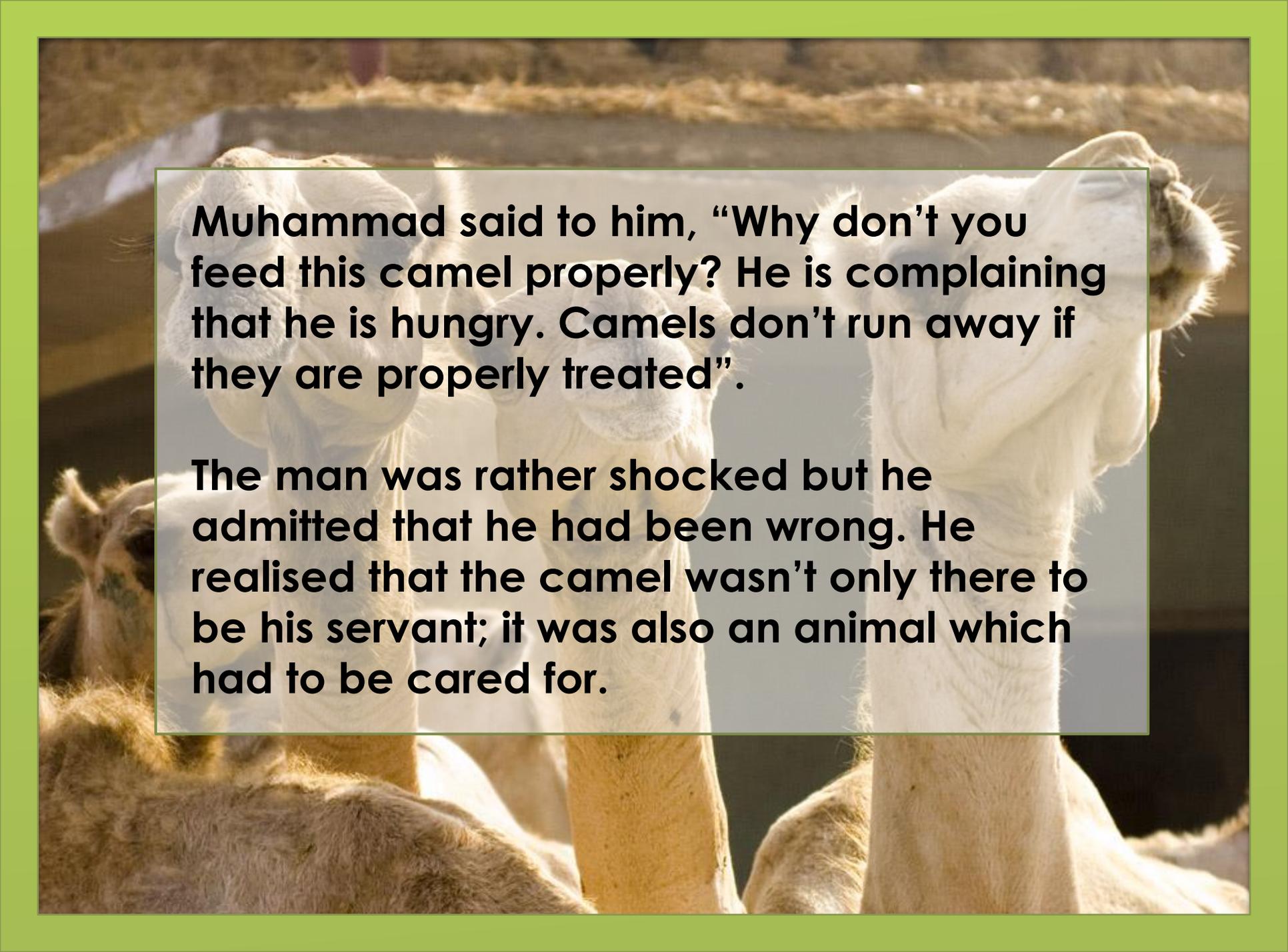
One day when he went into his house he saw his cat sleeping with her kittens on the cloak which he wanted to wear.

Rather than disturb it Muhammad cut off the end of the cloak on which the cat was sleeping and wrapped what remained around his own shoulders.

A brown camel is shown in a desert landscape, standing on a sandy and rocky ground. The camel is facing left, and its head is slightly turned towards the camera. The background is a vast, open desert with some sparse vegetation and a clear sky. The camel's fur is a mix of brown and tan, and its legs are dark brown. The overall scene is bright and sunny, typical of a desert environment.

Another time he was walking along one of the narrow streets of his town when a camel came running. People were panicking and rushing into doorways to escape its large hoofs and strong teeth.

Muhammad was used to camels, before he became a prophet he had been a camel driver. He stopped the camel. The breathless owner came up to him, thanked him and was about to give the animal a beating.

A photograph of several camels in a desert environment. The camels are light-colored, and their heads and necks are visible. The background shows a dry, sandy landscape under a bright sky. A semi-transparent white text box is overlaid on the center of the image, containing two paragraphs of text.

Muhammad said to him, “Why don’t you feed this camel properly? He is complaining that he is hungry. Camels don’t run away if they are properly treated”.

The man was rather shocked but he admitted that he had been wrong. He realised that the camel wasn’t only there to be his servant; it was also an animal which had to be cared for.

SOME KEY QUESTIONS

Q What do you think these stories tell us about Muhammad ?

Q Why do we care for animals?

Q How can we care for animals?

Show your learning...



Draw a crescent Moon in the centre of the paper to represent Muhammad, and round the edge write down the qualities of Muhammad that you have learnt from the stories about him.