

# Year 6 PSHE Overview

## Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rules, Rights and Responsibilities	To understand the expectations and roles of a Year 6 member of the school	
Week 2: Rules, Rights and Responsibilities	To explain how rules and laws protect people	Scarf Rights and Responsibilities Two sides to every story
Week 3: Rules, Rights and Responsibilities	To define the terms fact, opinion, biased, unbiased and to explain the difference between them	Scarf Rights and Responsibilities Tolerance and respect for others
Week 4: Money	To understand the concepts of interest, loan, debt and tax (e.g. their contribution to society through the payment of VAT)	Scarf Rights and Responsibilities Jobs and taxes
Week 5: Money	To understand the idea of enterprise and the skills that make someone enterprising	Scarf Rights and Responsibilities What's it worth?
Week 6: Online Safety	To know how to stay safe online	

## Autumn 2

Topic	Learning objectives	Useful links
Week 1: Calming the Story	Story Sessions (2X15mins) We were created individually by God who cares for us and wants us to put our faith in Him.	Ten ten resources UKS2 Module 1 Unit 1
Week 2: Calming the Story	Story Sessions (3X15mins) Physically becoming an adult is a natural phase of life.	Ten ten resources UKS2 Module 1 Unit 1
Week 3: Caring For Environment	To explain what is meant by living in an environmentally sustainable way	Scarf Rights and Responsibilities Happy Shoppers
Week 4: Caring For Environment	To understand what being part of a community means and about the varied institutions that support communities locally and nationally	Scarf Community Art
Week 5: Caring For Environment	To understand what being part of a community means and about the varied institutions that support communities locally and nationally	Scarf Community Art
Week 6:	How to behave appropriately and railway safety	

## Spring 1

Topic	Learning objectives	Useful links
Week 1: Gifts and Talents	Session 1: Similarities and differences between people arise as they grow and mature.	Ten ten resources UKS2 Module 1 Unit 2
Week 2: Girls' Bodies	Session 2: About the unique growth and development of humans, and the changes that girls will experience during puberty.	Ten ten resources UKS2 Module 1 Unit 2
Week 3: Boys' Bodies	Session 3: About the unique growth and development of humans, and the changes that boys will experience during puberty.	Ten ten resources UKS2 Module 1 Unit 2
Week 4: Spots and Sleep	Session 4: How to make good choices that have an impact on their health.	Ten ten resources UKS2 Module 1 Unit 2
Week 5: Spots and Sleep	Session 5: To know the importance rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.	Ten ten resources UKS2 Module 1 Unit 2
Week 6: Online Safety	To know that everything online is not true	

## Spring 2

Topic	Learning objectives	Useful links
Week 1: Body Image	Session 1 (1X30mins) To recognise that images in the media do not always reflect reality.	Ten ten resources UKS2 Module 1 Unit 3
Week 2: Body Image	Session 1 (1X30mins) That thankfulness builds resilience against feelings of envy, inadequacy.	Ten ten resources UKS2 Module 1 Unit 3
Week 3: Peculiar Feelings	Session 2: To deepen their understanding of the range and intensity of their feelings.	Ten ten resources UKS2 Module 1 Unit 3
Week 4: Emotional Changes	Session 3 (1X30mins) To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action.	Ten ten resources UKS2 Module 1 Unit 3
Week 5: Emotional Changes	Session 3 (1X30mins) About emotional well-being: that beauty, art, etc. can lift the spirit.	Ten ten resources UKS2 Module 1 Unit 3
Week 6: Seeing Stuff Online	Session 4: The difference between harmful and harmless videos and images.	Ten ten resources UKS2 Module 1 Unit 3

## Summer 1

Topic	Learning objectives	Useful links
Week 1: Making Babies (Part 1)	Session 1: How a baby grows and develops in its mother's womb.	Ten ten resources UKS2 Module 1 Unit 4
Week 2: Making Babies (Part 2)	Session 2: Basic scientific facts about sexual intercourse between a man and woman.	Ten ten resources UKS2 Module 1 Unit 4
Week 3: Menstruation	Session 3: About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life.	Ten ten resources UKS2 Module 1 Unit 4
Week 4: The Trinity	Session 1: To know that the Holy Spirit works through us to bring God's love and goodness to others.	Ten ten resources UKS2 Module 3 Unit 1
Week 5: Catholic Social Teaching	Session 2: The principles of Catholic Social Teaching.	Ten ten resources UKS2 Module 3 Unit 1
Week 6: Reaching Out	Session 1: Find ways in which they can spread God's love in their community.	Ten ten resources UKS2 Module 3 Unit 2

## Summer 2

Topic	Learning objectives	Useful links
Week 1: Keeping Safe	To explain what positively and negatively affects my physical, mental and emotional health.	
Week 2: Keeping Safe	To understand the actual norms around drinking alcohol and the reasons for common misperceptions of these.	Scarf Keeping myself Safe Alcohol- what is normal?
Week 3: Keeping Safe	To recognise how images in the media do not always reflect reality and can impact on the way I feel about myself.	Scarf Growing and Changing Pressure online/ Media manipulation/ I look great!
Week 4: Valuing Difference	To demonstrate ways of showing respect to others, using verbal and non- verbal communication.	Scarf Valuing Difference Respecting Difference
Week 5: Valuing Difference	To describe the qualities of strong, positive friendship and the benefits of other types of relationships (neighbour, parent, carer, relative)	Scarf Valuing Differences Advertising Difference
Week 6: Growing and Changing	To understand the expectations of Year 7 and how I can make the best choices for myself and for others (transition into secondary school)	

**Useful links and passwords:**

<https://www.tentenresources.co.uk/relationship-education-subscribers/>

[Lnolan@cardinalnewmanschool.co.uk](mailto:Lnolan@cardinalnewmanschool.co.uk) password: 11Milltown.

<https://www.coramlifeeducation.org.uk/scarf/sign-in/> password: Cardinal1

### **PSHE in Cardinal Newman and our wider Community**

- All children learn about Rail Safety as our school is located near Hersham station
- All children learn about Water Safety as we are located near reservoirs, rivers and streams
- Children take part in Road Safety week when they visit local roads and learn how to ensure they are safe when walking/cycling on nearby roads
- World Faith Week gives children the opportunity to learn about different faiths around the world
- Celebrating difference day gives children the opportunity to learn about our wider world and what makes us all different and unique
- Children also learn how to live a healthy lifestyle through different aspects of PSHE and the ways in which we can keep our bodies fit and healthy
- Children learn about how to stay safe online termly
- Links with local community include; visits/cards/letters to the elderly
- Involving members of the parish in hearing children read
- Local authorities where appropriate invite speakers e.g. fire service/police/nurses