

**Cardinal Newman Catholic Primary School
Flourish/PSHE/RSE Overview 2024**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Personal, Social and Emotional Development: - 1. Self Regulation, 2. Managing Self, 3. Building Relationships					
Rec	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Story sessions – handmade with love Wellbeing	I am me Our bodies – parts Our bodies are good – looking after them Circle time Money Internet Safety	Children’s Mental Health Week We all have different tastes; similar needs Feelings Feelings affect actions which have consequences	Growing Up First Aid New People New Places God is love Loving God, Loving others Internet Safety	Me, You, Us Diversity Week Me, You, Us When I grow up Healthy Lifestyles
Yr 1	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Let the children come – Ten 10 Module 1 Unit 1 God Loves you – Wellbeing	Special People Treat others well. And Say sorry Money – Internet Safety- school	Children’s Mental Health Week Good Secrets and bad secrets Physical Contact Harmful Substances	Can you help me? Three in One Who is my neighbour? Healthy Relationships Internet Safety	The communities we live in Diversity Week Who will I be? Healthy lifestyles
Yr 2	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Let the children come – Ten 10 Module 1 Unit 1 God Loves you – Wellbeing	I am unique – Ten10 Girls and Boys Clean and Healthy Feelings Likes and Dislikes – Unit 3 – Module 1 Internet Safety	Children’s Mental Health Week Feeling inside out Healthy Relationships Super Susie gets angry Feelings and Emotions Well Being	The cycle of life – Ten 10 Module 1 Unit 4 Beginnings and Endings Change is all around me Real Life outcomes Rules to help us Internet safety	Three in one – Ten 10 Module 3 Unit 1 Who is my neighbour? The Communities we live in Needs and Wants – money Classroom shorts Well Being

Yr 3	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Get Up The Sacraments Jesus my friend Well Being	Friends, Family and Others – Ten 10 Module 2 Unit 2 When things feel bad Sharing Online Chatting online and classroom shorts Online Safety	Children’s Mental Health Week Safe in my body and classroom shorts Drugs, Alcohol and Tobacco First Aid heroes Rights and Responsibilities	Trinity – self-giving relationships What is the Church? How do I love others? – Ten 10 Module 3 Unit 2 Healthy Relationships – Scarf Online Safety	Working Together Money Matters How do I love others We don’t have to be the same Respecting our bodies Wellbeing
Yr 4	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Get Up Well Being	We don’t have to be the same Respecting our bodies What is Puberty? Changing Bodies Drugs, Alcohol and Tobacco Internet Safety	Children’s Mental Health Week What am I feeling? What am I looking at? I am thankful Well Being / Internet Safety	Life cycles A time for everything Big changes Little changes A community of love Internet Safety – keeping personal information safe.	What is the Church / How do I love others? When Things Feel Bad Money Matters And classroom shorts
Yr 5	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Calming the Storm Religious Understanding E-Safety Well Being	Personal Relationships Life Online Online Safety	Children’s Mental Health Week Life Online Keeping Safe Online Safety	Impacted Lifestyles Making Good Choices Giving Assistance Religious Understanding	Living in the wider world Diversity Week Online safety Wellbeing
Yr 6	Rights and Responsibilities Zones of Regulation Black History Month Internet Safety	Anti – Bullying week Road Safety Week Calming the storm – Me, my body, my health – gifts and talents; girls bodies; boys bodies	Spots and Sleep Body Image Peculiar feelings Emotional Changes	Children’s Mental Health Week Seeing Stuff Online Making Babies Part 1 Making Babies Part 2 Menstruation Hope Beyond Death How to report online bullying	Coping With Changes Coping With Changes – Classroom Shorts activities Build Up Others Build Up Others – Classroom Shorts Activities The Holy Trinity How can I protect my digital personality?	Catholic Social Teaching Focus on diversity materials Reaching Out Catholic Social Teaching including care for God’s creation Money and Me Money and Me – Classroom Shorts Activities To understand the expectations of Year 7 and how I can make the best

						choices for myself and for others (transition into secondary school)
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