



Cardinal Newman Catholic Primary School To enable every individual to develop to his or her full potential knowing that they are loved by God. We are a community of learners, believers and friends rooted in the values and teachings of the Gospel.



Physical Education

Intent - Our PE curriculum aims to enable each child to develop essential motor skills and positive attitudes which will allow them to engage in a variety of physical activities and games. Our vision is for all children to develop a life-long love for sports and games and remain physically active into adulthood.

Implementation: In PE at Cardinal Newman School we embed our intent in our pupils learning journey by:

- A progressive curriculum using the GetSet4PE scheme that teaches a variety of physical skills in Key Stage 1 that are then built on and enhanced alongside rules and strategies for a range of traditional sports in KS2
- encourage regular physical activity and healthy lifestyles
- Praise and celebrate positive attitudes to sport and games including positivity, fair play, honesty, team play and sporting behaviour
- To provide inclusive opportunities for physical activity for all children
- Supporting low achieving children through differentiation and interventions
- Fine and gross motor skills are embedded throughout the EYFS curriculum

Life Skills:

to stay safe, healthy and purposeful and to develop lifelong learning powers

- Movement skills explicitly taught and developed that will allow children to take part in a wide range of sport and games
- Opportunities to reflect on skills and ways to improve
- Develop resilience, particularly in competition and learn to improve from mistakes
- Provide opportunities to develop self-risk skills in a safe environment
- Experience a wide range of sports and physical activities, allowing children to find the sport they will carry on participating into adulthood
- The children will understand that they are to be compliant with the rules of a game and that we live in a democratic society where all genders can play mixed sports.
- Fine and gross motor skills are embedded throughout the EYFS curriculum

Opportunities for Learning:

success and challenge within and beyond the curriculum to achieve our full potential

- Curriculum that provides opportunities for challenge within each lesson to further develop skills
- Fixtures, competitions (both inter- and intra-school) and sport experience days provided throughout the year for all ability ranges
- Every child to have the opportunity to represent the school in a sporting event at least once in their time at Cardinal Newman
- A wide range of inclusive physical extra-curricular clubs provided

Values

guided by the Gospels to develop caring respectful relationships

- Opportunities to develop team work and supportive atmospheres when playing games in PE and on the playground
- Learning to respect and develop the bodies gifted to them by God
- Learning to accept the strengths and weaknesses in others when playing team sports and being able to win and lose games in a respectful



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Experience of serving others:

within and beyond the school community.

- Sports leaders and playground games monitors to help share games and sports around school
- Showing service to our school through representation in district competitions
- Chances to support and appreciate the skills of others