

Proud to be part of



The children and young people's emotional wellbeing and mental health service



Out of hours advice line

An out-of-hours phone line provides advice to parents and carers who are struggling with behaviours or difficulties which could be related to neurodevelopmental need, such as autism or ADHD.

Our skilled and friendly advisers will talk carers and families through ways of calming down difficult situations and remind them of their coping strategies.

It runs from 5pm until 11pm, seven days a week, 365 days a year.

Please call 0300 222 5755.



Find out more at
mindworks-surrey.org

